

Pioneer / Santa Teresa Baseball Summer Camp 2009

Ages: 8-14

Dates: July 7 - July 10

Time: 9:00 A.M. - 12:00 P.M.

Place: Pioneer High School

Cost: \$125

How To Sign Up: Fill-out the player application below and make checks payable to ***Mustang Baseball Clinic*** and mail to:

Pioneer / Santa Teresa Baseball Summer Camp
P.O. Box 41251
San Jose, Ca 95160

**** if you would like confirmation of sign up, please include e-mail address.

Contact info:

Pioneer Head Coach Jake Hernandez
Santa Teresa Coach Steve Beaulieu

email: mustangbaseballclinic@yahoo.com

Additional Info: We will provide a snack each day, and your child will get a t-shirt and various prizes.

Please list any FOOD allergies on the medical waiver.

INFORMATION REGARDING CAMP:

This camp is set up to teach kids the fundamentals of the game of baseball. We will cover aspects of the game from offense, defense, baserunning and individual skills. Your child will learn new drills to improve his game. We will have the Pioneer and Santa Teresa High Varsity Baseball Head Coaches and current players instructing your child

on the proper way to play baseball.

This four day camp will also include raffle drawings at the end of each day in which raffle prizes will be given to the players with the winning tickets. The kids will receive raffle tickets throughout the camp for hard work, cooperation, etc. Our goal is to have your child learn the game of baseball in an enjoyable manner. We will incorporate many drills that enforce fundamentals while allowing your child to have fun doing it.

DAILY SCHEDULE

TUESDAY

8:45-9:00 REGISTRATION
9:00-9:30 JOG, STRETCH, PROGRESSIONS
9:30-10:00 BASERUNNING
10:00-10:30 FUNDAMENTAL CATCH
10:30-10:45 SNACK BREAK
10:45-11:45 HITTING
11:45-12:00 WRAP-UP: REVIEW and RAFFLE TICKETS

WEDNESDAY

9:00-9:30 JOG, STRETCH, FUNDAMENTAL CATCH
9:30-9:45 BASERUNNING
9:45-10:30 DEFENSE
10:30-10:45 SNACK BREAK
10:45-11:45 STATIONS AND GAMES
11:45-12:00 WRAP-UP: REVIEW and RAFFLE TICKETS

THURSDAY

9:00-9:15 JOG, STRETCH, PROGRESSIONS
9:15-9:30 BASERUNNING
9:30-9:45 FUNDAMENTAL CATCH
9:45-10:30 PITCHING / CATCHING
10:30-10:45 SNACK BREAK
10:45-11:45 HITTING
11:45-12:00 WRAP-UP: REVIEW and RAFFLE TICKETS

FRIDAY

9:00-9:30 JOG, STRETCH, FUNDAMENTAL CATCH
9:30-9:45 BASERUNNING
9:45-10:30 DEFENSE
10:30-10:45 SNACK BREAK
10:45-11:45 SLIDING AND GAMES
11:45-12:00 WRAP-UP: RAFFLE TICKETS

2009 Pioneer / Santa Teresa Baseball Camp Application

Name _____

Address _____

City, State, & Zip _____

Home Phone _____

Cell Phone _____

Email Address _____

Current Grade Level _____ School _____

Tee shirt size _____

Parent / Gaurdian _____

Health Insurer _____

Health Policy Number _____

Emergency Contact Name _____

Emergency Contact Phone Number _____

Parent's Authorization: In the event of an accident or illness, and if neither my emergency contact not I can be reached; the coaches are authorized to secure emergency medical treatment. I agree to waive any claim against the *Pioneer / Santa Teresa Baseball Camp, SJUSD and ESUHSD*. If your child has asthma and or and conditional health concern, please send in an additional note or contact a Director.

Parent / Guardian Signature _____